

MENTAL HEALTH NURSING

This course is designed to help nurses to develop their therapeutic skills to assess and plan care for patients with various mental health challenges and empower the nurse to function as mental health nurse practitioner/specialist, Educator, Manager and Researcher.

The syllabus covers:

- Introduction to psychiatric nursing.
- Therapeutic communication and interpersonal relationship
- Concept of psycho-biology and psychopathology
- Epidemiology, symptomatology and classification
- Nursing process in psychiatric nursing, Guidance and counseling
- Psycho pharmacology and electro convulsive therapy
- Substance use disorders
- Schizophrenia and other psychotic disorders
- Mood disorders, anxiety disorders, stress and its management
- Psychiatric emergencies/crisis intervention
- Somatoform and sleep disorders, eat, sleep and sex disorder
- Personality disorders
- Disorder of infancy, childhood and adolescence
- Problems related to abuse, violence and neglect
- Legal issues in mental health nursing

Course Coordinator

Ms. Accamma Abraham

General Manager

Nursing Services

KIMSHEALTH, Trivandrum